



**2023 Leadership Forum @
Capitol Conference**
Washington DC
Sunday, February 26, 2023

Preliminary Agenda

TIME	CONTENT	SPEAKER(S)
11:45 AM	Forum Open <i>Greet & Seat</i>	<i>Leadership Committee</i>
12:00 PM	Welcome <i>Opening Remarks</i> <i>Leadership Updates</i>	Stacy Fry, <i>Leadership Committee Chair</i>
12:10 PM	A Word from Our President	Kelly Fristoe, <i>NABIP President</i>
12:15 PM	Get Your SHiFT Together	Kevin Trokey, <i>former Membership Council Chair and Q4i Founding Partner</i>
1:15 PM	NABIP Mentor Program Update	Dawn McFarland, <i>Leadership Committee Vice Chair</i>
1:20 PM	10 Minute Break	
1:30 PM	Preventing Burnout While Leading Through the Storm	John Troutman, <i>CEO of MPB Health (01/01/23)</i>
2:30 PM	A Well-Run Association: Bylaws, Minutes, Taxes	David Smith, <i>NABIP Secretary</i>
3:15 PM	10 Minute Break	
3:30 PM	Building Engagement for Tomorrow	Annette Bechtold, <i>Forte Consulting Atlanta</i>
4:15 PM	Closing Remarks	Eric Kohlsdorf, <i>NABIP President-elect</i>
4:30 PM	Close Forum	

Questions:

- Stacy Fry, Leadership Committee Chair, stacy.fry@aleragroup.com
- Brooke Willson, SVP of Leadership Services, bwillson@nahu.org